

EAR, NOSE AND THROAT ASSOCIATES OF CHESTER COUNTY

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VNG TEST INSTRUCTIONS

Appointment is at the **Exton** office. Date/Time _____
Proceed directly to the **Audiology** waiting area.

****PLEASE READ ALL INSTRUCTIONS AT LEAST 48 HOURS PRIOR TO TEST TO ENSURE INSTRUCTIONS ARE FOLLOWED PROPERLY. Failure to do so could result in cancellation and a \$75 charge. If you are having multiple tests scheduled, THESE INSTRUCTIONS TAKE PRECEDENT.**

1. **Please arrive on time.** Patients arriving more than 15 minutes late will be rescheduled.
2. **Remember your referral** if your insurance carrier requires one. If any portion of this test is not covered by your insurance or a copay is due, you may receive a balance bill from our Billing Department.
3. **DO NOT TAKE THE FOLLOWING MEDICATIONS 48 HOURS PRIOR TO THE TIME OF YOUR APPOINTMENT:**
 - **Anti-Dizzy and Anti-Nausea medication (e.g. Antivert, Meclizine, Scopolamine, Phenergan)**
 - **Antihistamines and Decongestants (e.g. Claritin, Zyrtec, Allegra, Benadryl)**
 - **Nasal Sprays**
 - **Muscle Relaxants**
 - **Sleeping Pills, Sedatives or other Barbiturates**
 - **Tranquilizers (e.g. Valium, Ativan, Xanax)**
 - **Anti-Depressants (e.g. Zoloft)**
 - **Quinine or Aspirin**
4. **NO CAFFEINATED** beverages on the day of the test. No coffee, tea, cocoa, cola...
5. **NO FOOD or DRINK** for 4 hours prior to testing.
6. **NO ALCOHOL** for 48 hours prior to testing.
7. **NO MAKEUP, LOTIONS, MOISTURIZERS** on your face, especially around the eyes. Lipstick is OK.
8. **NO PERFUME OR COLOGNE.**
9. **NO CONTACT LENSES OR GLASSES** during the test.
10. **WOMEN** will be more comfortable if they **DO NOT WEAR A SKIRT/DRESS.**

VNG stands for "videonystagmography." This study takes about 1 hour, during which the patient wears special goggles. This test studies inner ear function by watching eye movements. The last part of the exam will involve blowing cool and warm air into the ear canals. The cooling and warming effect on the inner ear may make you dizzy. This is **NORMAL** and **TEMPORARY**. You will be able to drive after the test if you were able to drive before the test.

Payment and Cancellation Policy

*****Important:** If you are unable to make your scheduled appointment, please give us at least 48 hours notice. Due to the time required for this testing, we find it necessary to charge \$75 for patients who cancel with less than 48 hours notice or who fail to show up for their scheduled appointment. Patients arriving more than 15 minutes late will be rescheduled. Cancellation of two appointments without adequate notice or failure to show up will result in the above charges. The outstanding fees will need to be prepaid by the patient prior to testing.

Contact the Audiology Department with questions or to cancel. The Audiology Department can be reached via the administrative assistant, Lori Garfinkle, at (610) 363-2532, ext. 117. She is available Monday-Friday, 8:15 AM – 4 PM.