

EAR, NOSE AND THROAT ASSOCIATES OF CHESTER COUNTY

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SURGERY CHECKLIST

- A history and physical examination is required and must be completed in our office *at least two weeks before* your scheduled surgery.
- Ensure that you have completed your pre-admission testing.
- If you develop any symptoms of an upper respiratory infection or other illness within five days prior to surgery, please call our Surgical Coordinator at 610-363-2532 ext. 108.
- For one (1) week prior to surgery, you should not take any aspirin or aspirin containing drugs, nor any ibuprofen or ibuprofen containing drugs. Examples of these include Advil (Motrin), Naprosyn (Naproxen), or Fiorinal. Also, supplements which should be avoided include Vitamin E capsules, omega 3 (fish oil), or glucosamine chondroitin. If you are required to be on any of these medications, discuss this matter directly with your ENTACC provider before stopping. If you are on Coumadin (Warfarin), Aspirin, or Plavix, please discuss with the prescribing physician about how to adjust this medication prior to your surgical procedure.
- If instructed, do not eat or drink anything, including water, after midnight prior to surgery.
- Your physician will provide you with prescriptions for medications to take at home following surgery. Please prepare by filling your prescriptions prior to your surgery. Take only the medications prescribed by your physician(s).
- Remember to leave all valuables and jewelry at home.
- Wear comfortable clothing.
- Arrange a ride home with a responsible adult, as you may feel drowsy after the procedure.

If you have any questions concerning your comfort or care, please contact our office at 610-363-2532.