

EAR, NOSE AND THROAT ASSOCIATES OF CHESTER COUNTY

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SKIN EXCISION OF SKIN LESION

>>PATIENT INSTRUCTIONS >>

Please read and familiarize yourself with these instructions both **BEFORE** and **AFTER** your surgery. By following them carefully, you will assist in obtaining the best possible results from your surgery. If questions arise, please contact our physicians or nurses.

- For one (1) week prior to surgery, you should not take any aspirin or aspirin containing drugs, nor any ibuprofen or ibuprofen containing drugs. Examples of these include Advil (Motrin), Naprosyn (Naproxen), or Fiorinal. Also, supplements which should be avoided include Vitamin E capsules, omega 3 (fish oil), or glucosamine chondroitin. If you are required to be on any of these medications, discuss this matter directly with your ENTACC provider before stopping. If you are on Coumadin (Warfarin), Aspirin, or Plavix, please discuss with the prescribing physician about how to adjust this medication prior to your surgical procedure.
- Take only the medication(s) prescribed by your doctor(s).
- Incisional areas do not generally require dressings unless they are irritated by clothing or exposed to dirt. If a dressing is required, keep it dry and change it as necessary. If it becomes wet, it should be changed.
- Do not get the incisional areas wet or wash over them for 24 hours, or as directed by us. Keep these areas clean and dry. Apply Bacitracin Ointment three (3) times daily over the incision line(s) with a clean cotton swab. Use separate Q-tips for each incision if there are more than one.
- Excisions close to the eye require the use of an ophthalmic antibiotic ointment instead of Bacitracin. A prescription for this will be given to you by our nurse.
- Please notify us of any unusual swelling, redness, bleeding, drainage or discomfort in the incisional area(s).

If you have any questions concerning your comfort or care, please contact our office at 610-363-2532.